

UHCMC Department of Surgery Grand Rounds Video Series

Presentation Title Strategies for Optimizing Surgical Outcomes: Separating Data from Dogma,
Robert Martindale, MD

Release Date: January 16, 2015

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(Presenter reported no financial relationship relevant to this presentation.)

Learning Objectives

Participants will be able to:

- *Understand the physiologic and metabolic advantage of perioperative programs to enhance early recovery after surgery.*
- *Implement programs to decrease Surgical Site Infections by understanding barriers to implementation.*
- *Apply the nutritional principles of metabolic manipulation and early enteral feeding to improve recovery, decrease length of stay, decrease readmission, improve quality of life after major surgery and ICU admission.*

Instructions: To receive a statement of credit for up to 1.0 AMA PRA Category 1 Credit(s)[™] you must:

- *Review the full content of the recorded session.*
- *Reflect on the content.*
- *Successfully complete the post-test. A score of 100% is required.*
- *Complete the evaluation.*
- *Print the certificate of credit for your records.*
- *Your credit will be recorded by the Case School of Medicine CME Program and made a part of your cumulative transcript.*

Link to CME post-test and certification: [Click here](#) to begin assessment.

Media: *Recorded slides and video presentation.*

Target Audience: *General Surgeons and other healthcare providers*

Global Needs Assessment/Goal Statement: *Department of Surgery Grand Round sessions provide general surgeons with updates on latest practice on all topics of general surgery on rotating basis to prepare for recertification and stay current with best practice guidelines.*

Accreditation Statement: *Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education to physicians.*

Case Western Reserve University School of Medicine designates this enduring material for a maximum of 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Estimated Time to Complete Each Educational Activity: *This activity is expected to take 70 minutes to complete, which includes completion of the on-line post-test, evaluation and credit claim.*

Fee: *There is no fee for this activity.*

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Surgery Grand Rounds Planning Committee:

Jeffrey Ponsky, MD

Professor of Surgery

Cleveland Clinic Foundation

(Committee member reported no financial relationship relevant to this presentation.)

Scott Wilhelm, MD

Associate Professor, Department of Surgery

University Hospitals Case Medical Center

(Committee member reported no financial relationship relevant to this presentation.)

Software Requirements:

[Flash Player Plugin](#)

[Adobe Acrobat Reader](#)

[Windows XP or above](#)

[MAC OS X or above](#)

[Compatible with most browsers such as Internet Explorer, Chrome, Safari, FireFox and Opera.](#)

[Please make sure your browser version is up to date.](#)

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Additional Resources:

[American College of Surgeons National Surgical Quality Improvement Program](#)

[Nutrition Optimization Prior to Surgery](#)